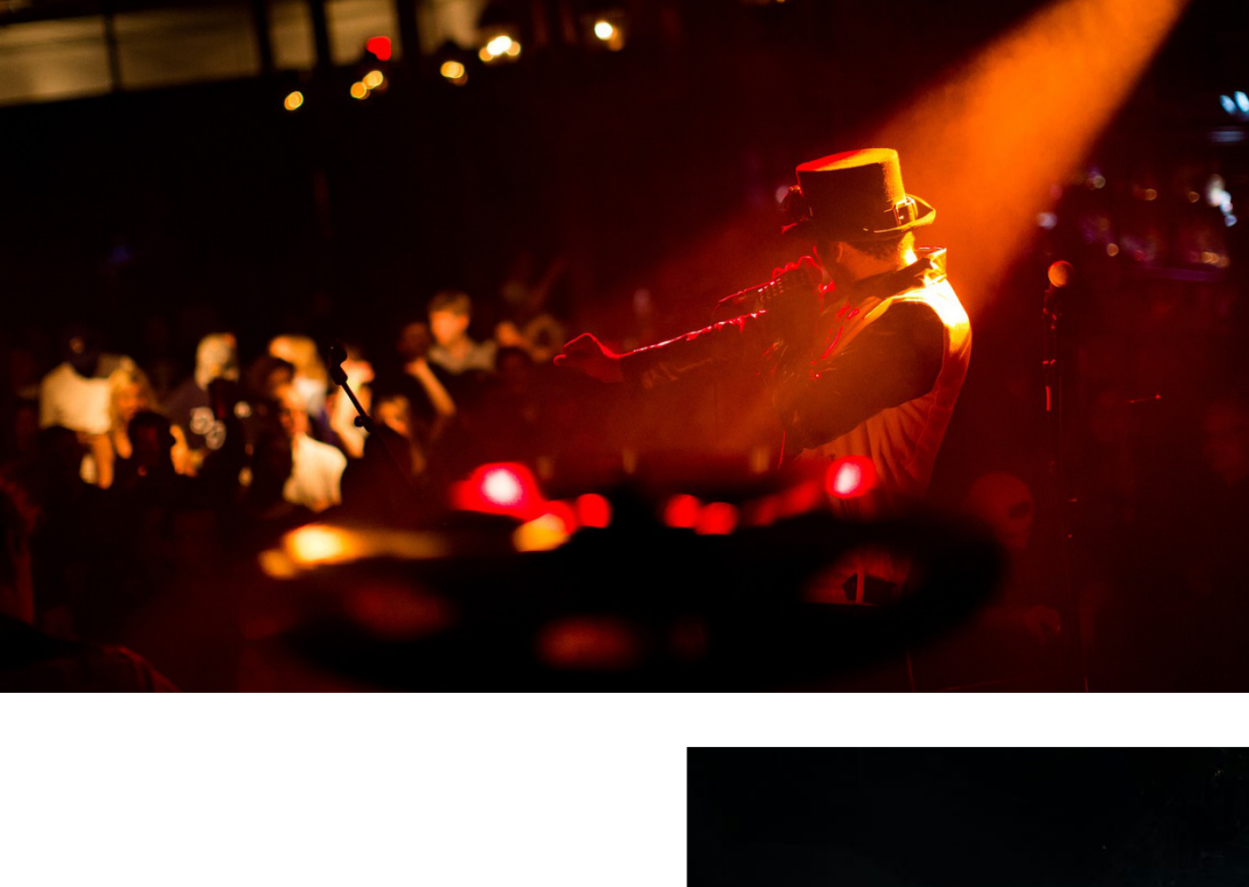


# into *your* *flow* COACHING



## *Flow guarantees peak performance on demand!*

As a **musician**, you strive for the perfect moment when technique, composition, and emotion merge and the music flows through you. It is this state of flow that makes your performances unforgettable.

The greatest musicians are distinguished not only by technical perfection but also by their ability to be fully present in every moment and to draw from a deep inner source.

All your skill, your musicality, and your artistic vision are anchored in your inner stillpoint. From there, the magic of your music unfolds.

From this inner stillpoint, you resonate with the audience. When you act from there, a special quality of connection occurs automatically, one that is profoundly fulfilling for all who experience it.

Magic fills the room!

When you perform music from this center, stage fright, technical blocks, and creative obstacles dissolve as if by themselves.

What if you could access this inner source directly at every performance? What if your music arose effortlessly from the flow?

**With Into Your Flow-Coaching, we show you how to open these inner doors and take your music to a new level.**

### Ruth Scholtz

Energy, Presence & Authenticity Trainer  
Coach & Consultant  
Seminar Leader  
Facilitation & Communication Trainer  
Singer  
Voice Teacher & Vocal Coach  
Voice Trainer (CRT – Certified Rabine Teacher)  
Lyricist  
Holistic Health Coach  
Meditation Teacher



Of course, all coaching content and matters are treated with discretion and confidentiality.

\* Naturally, this text addresses everyone equally. For me, the individual always comes first, rather than group affiliation.

**Feel free to get in touch for a free initial consultation at:**

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**Phone 0176 2049 3379**

**[www.into-your-flow.com](http://www.into-your-flow.com)**

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