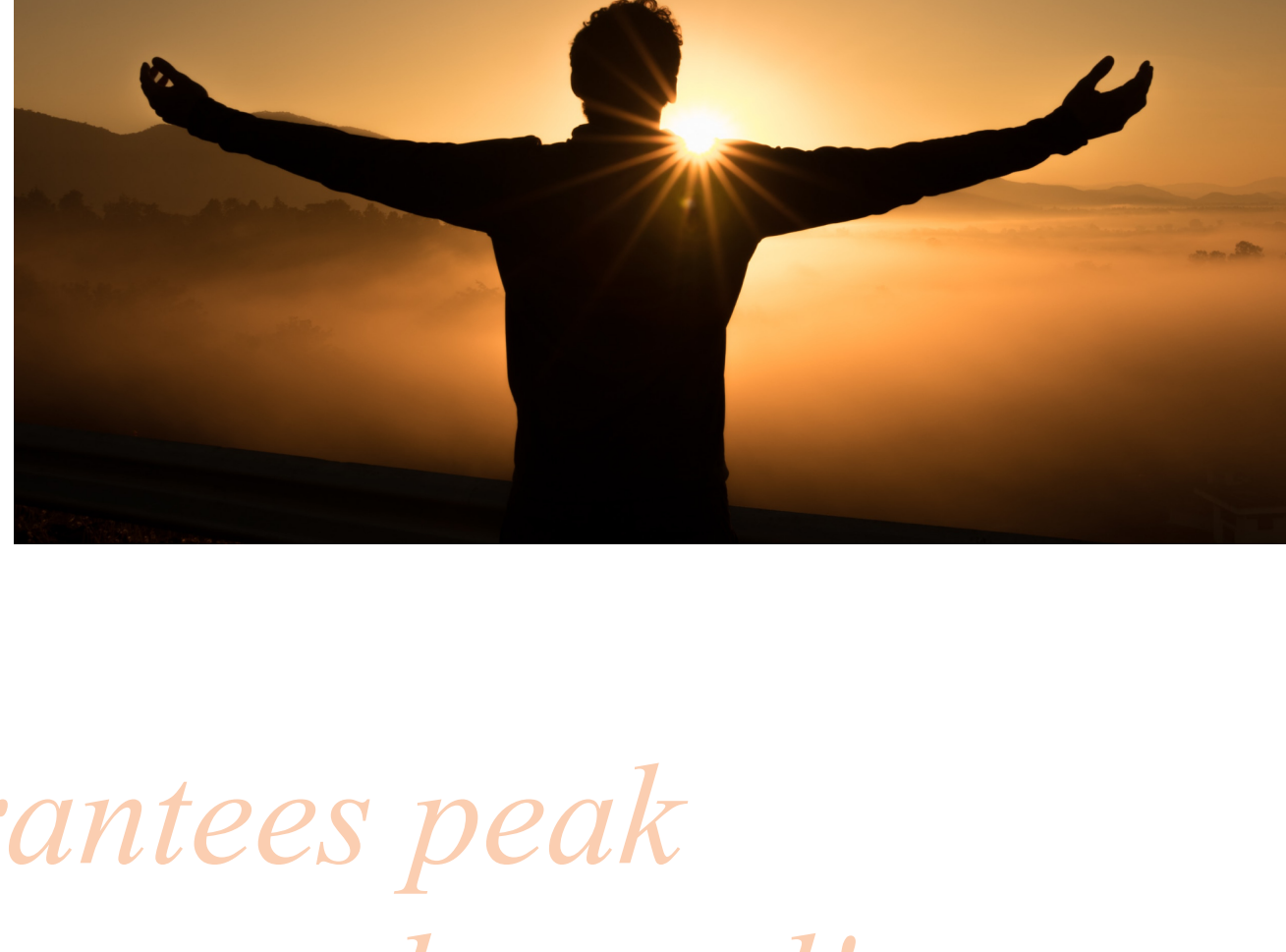
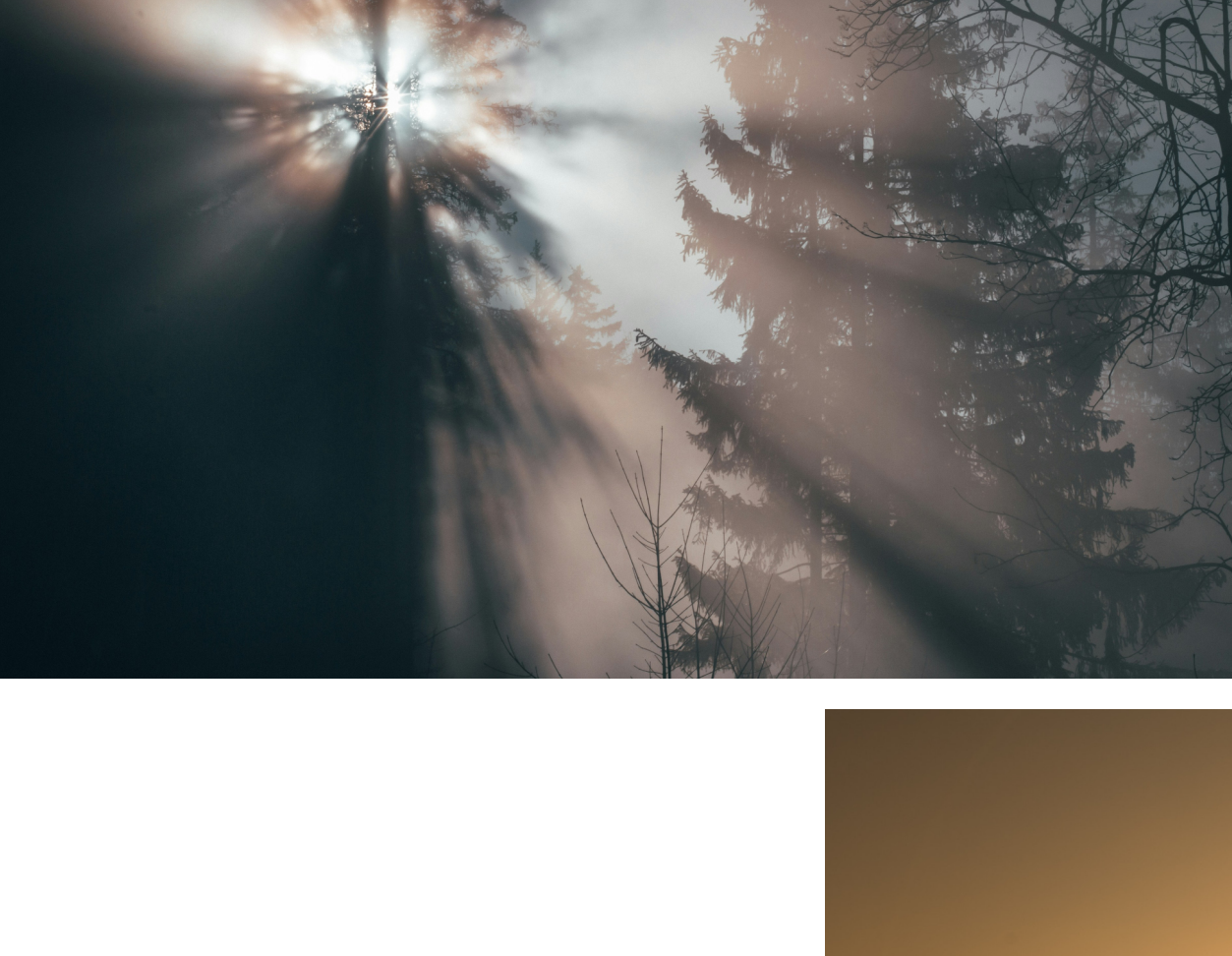


into your flow

COACHING



Flow guarantees peak performance on demand!

Our **intuition** is like a precious jewel.

It guides us on a deeply personal journey to our true selves, serving as both the lock and the key. Yet it is so much more: it is both a travel guide and the ultimate advisor! Why?

Because it grants us the gift of being in the right place at the right time, viewing life through a lens of possibility, and knowing when to change things - and when it is better to simply accept them as they are.

A handful of situations likely come to mind here. Perhaps a difficult colleague trying to exert power through bullying, leaving you unsure how to respond; or the challenge of breaking free from a situation without knowing the right moment to strike out in a new direction; or draining relationship issues that leave us feeling helpless – instances where we desperately needed the counsel of our intuition.

It is our intuition that restores our balance and ultimately leads us into a state of flow and abundance. Unrestricted access to your intuition instantly brings you into a state of full presence, power, and authenticity.

The result is flow, genuine charisma, credibility, and success.

We distinguish between genuine and mechanistic charisma.

Mechanistic charisma is contrived, inflated, manipulative, and bland; it lacks true radiance and always carries an artificial undertone.

Genuine charisma, on the other hand, is the radiance that naturally arises from your intuition when you act from your core. It creates an authentic freshness that inspires and leaves a lasting impression. We want more of that!

Our intuition is the guide to our potential, our presence, and our radiance. It makes no distinction between a private and a professional context. It unites our entire being and gives us a sense of deep connection and purpose - even in difficult times.

What if you had immediate, clear, and unhindered access to your intuition, able to turn to it directly for guidance in any situation? There is no better advisor! But how can you tell for sure whether you are hearing the voice of your intuition or perhaps just the echo of a wish or fear from your subconscious?

Through targeted Into Your Flow-Coaching sessions, you will quickly identify the things holding you back and learn how to unlock free access to your intuition. We will support you as mentors and stand by your side.

Ruth Scholtz

Energy, Presence & Authenticity Trainer
Coach & Consultant
Seminar Leader
Facilitation & Communication Trainer
Singer
Voice Teacher & Vocal Coach
Voice Trainer (CRT – Certified Rabine Teacher)
Lyricist
Holistic Health Coach
Meditation Teacher



Of course, all coaching content and matters are treated with discretion and confidentiality.

* Naturally, this text addresses everyone equally. For me, the individual always comes first, rather than group affiliation.

Feel free to get in touch for a free initial consultation at:

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